



COURSE OUTLINE: NRT134 - ADVENTURE REC II

Prepared: Lawrence Foster

Approved: Bob Chapman - Dean

Course Code: Title	NRT134: ADVENTURE RECREATION II
Program Number: Name	5212: ADVENTURE RECREATION
Department:	NATURAL RESOURCES PRG
Academic Year:	2025-2026
Course Description:	This course is designed for those passionate about the outdoors and eager to turn that passion into a career. This skills-oriented winter course provides a comprehensive education in developing outdoor recreational programming for both children and adult groups, focusing on ice climbing certification and winter camping expeditions. Emphasizing experiential learning, the course can include field trips in cross country skiing downhill skiing, fat biking, snowshoeing and maple sap harvesting. Gain valuable experience and skills from experts, acquiring specialized knowledge to connect with industry professionals and turn your passion for the outdoors into a profession.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Substitutes:	NAR101
Vocational Learning Outcomes (VLO's) addressed in this course:	5212 - ADVENTURE RECREATION
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 1 Demonstrate clear, concise and industry appropriate written, spoken and visual communication skills.
	VLO 2 Identify, discuss, organize and assess common Flora & Fauna species found throughout ON, including biological and physiological characteristics.
	VLO 3 Describe how the six park systems in Ontario are managed and operated.
	VLO 4 Identify and evaluate the requirements for leading and participating in expeditions or field exercises using a variety of Adventure Recreation activities.
	VLO 5 Start and manage a career in the Adventure Recreation and Parks field.
	VLO 6 Demonstrate a sound understanding of the significance of the Adventure Recreation and Parks Industry including relevant legislation, trends and issues.
	VLO 8 Demonstrate an understanding of sustainable development and apply the foundations in the natural environment.
	VLO 9 Safely operate and maintain equipment used in Adventure Recreation and Park operations.
	VLO 11 Analyze, evaluate and apply subjective and objective safety considerations for Adventure Recreation and Parks activities.



Essential Employability Skills (EES) addressed in this course:	EES 1	Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2	Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 3	Execute mathematical operations accurately.
	EES 4	Apply a systematic approach to solve problems.
	EES 5	Use a variety of thinking skills to anticipate and solve problems.
	EES 6	Locate, select, organize, and document information using appropriate technology and information systems.
	EES 7	Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8	Show respect for the diverse opinions, values, belief systems, and contributions of others.
	EES 9	Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
	EES 10	Manage the use of time and other resources to complete projects.
	EES 11	Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:	<p>Passing Grade: 50%, D</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
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Other Course Evaluation & Assessment Requirements:	Academic success is directly linked to attendance. Missing more than 1/3 of class hours in a semester shall result in an F grade for the course.
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Books and Required Resources:	<p>Mountaineering Freedom of the Hills by Ronald C. Eng Publisher: The Mountaineers Books Edition: 9 ISBN: 978-1594851384</p>
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Course Outcomes and Learning Objectives:	Course Outcome 1	Learning Objectives for Course Outcome 1
	1. Explain the significance of outdoor recreation activities in Ontario's tourism industry.	1.1 Construct a list of outdoor recreational activities in the province. 1.2 Analyze the impact of outdoor recreation from a past and present perspective. 1.3 Analyze the impact of outdoor recreation on the future of Ontario's tourism industry. 1.4 Describe how outdoor recreational programming fits into the adventure travel and ecotourism business.
	Course Outcome 2	Learning Objectives for Course Outcome 2
	2. Describe weather, climate change and geography as they impact on outdoor recreation and tourism in Ontario.	2.1 Analyze and predict weather based on observations and trends. 2.2 Interpret weather conditions in winter and summer that may develop into potentially dangerous conditions for recreational activities. 2.3 Interpret early travel patterns by explorers in the Great Lakes region and how these influenced the location of towns and cities.

		2.4 Interpret how resource extraction has opened up the hinterland.
	Course Outcome 3	Learning Objectives for Course Outcome 3
	3. Obtain practical experience in the outdoor recreational field by completing a 16-hour placement.	3.1 Research the various types of positions within Ontario`s outdoor recreation field and how they increase your employer network. 3.2 Complete 16 hours of related work with a local outdoor recreation organization.
	Course Outcome 4	Learning Objectives for Course Outcome 4
	4. Explain the relative safety considerations surrounding a variety of activities and demonstrate skills specific to each discipline.	4.1 Apply skills and techniques in various outdoor activities such as cross country / downhill skiing, ice climbing, snowshoeing and winter camping. 4.2 Analyze methods of staying warm, dressing properly and travelling in winter. 4.3 Predict potential hazards and mitigation strategies.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignments	20%
Interviews and log books	20%
Quizzes and tests	30%
Self Leadership	30%

Date:

December 2, 2025

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

